

Questions to ask your Mentor

Below you will find questions to ask your mentor to help facilitate conversations during your meetings.

Questions

- What have you done to develop your career?
 - What does a day in your life look like?
 - What professional associations or organizations are useful to belong to in this field?
 - Who had the most significant impact on your choosing this career?
 - What are the things you find personally rewarding in your career?
 - Who helped you to get into this field through networking or otherwise?
 - What terminology or ideas should I remember when I am applying for a job in this field?
 - How do you balance home and work commitments?
 - Who do you talk with about the struggles and successes of your job?
 - What's the most effective daily habit you've developed?
 - What do you wish you had known before taking your first management role?
 - Which leadership skills were the most difficult to develop?
 - What are the things you find frustrating or disappointing and how do you manage these?
 - What practices can you recommend for dealing with nervousness when speaking to groups?
 - Did you think you'd find yourself in this industry? If so, when did you know this was the work you'd go into? If not, how did you get here?
 - Did you have a mentor at some point in your career? If so, how did s/he help you? If not, why did you never seek one out?
 - Was there a time you messed up and felt like you'd failed? How did you bounce back?
 - What areas do you think I can improve in?
 - How do you make yourself happy in your current role/industry?
 - What's something you'd like to change about your current role or the industry?
 - If you could learn any new professional skill (it doesn't have to be related to your current role or industry), what would it be?
 - What are some things I can do now to stand out for employers/companies?
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